1. **Blueprint skala**
2. **Dukungan sosial**

|  |  |  |  |
| --- | --- | --- | --- |
| Aspek | Nomor Item | | Jumlah Item |
|  | *favourable* | *unfavourable* |  |
| Dukungan Emosional | 8,16,24,32,40 | 1, 3,13,21,29 | 10 |
| Dukungan Instrumental | 2,10,18,26,34 | 5,15,23,31,37 | 10 |
| Dukungan Informasi | 4,12,20,28,36 | 7,17,25,33,39 | 10 |
| Dukungan Persahabatan | 6,14,22,30,38 | 9,11,19,27,35 | 10 |
| TOTAL |  |  | 40 |

1. **Kepercayaan diri**

|  |  |  |  |
| --- | --- | --- | --- |
| Aspek | Nomor Item | | Jumlah Item |
|  | *favourable* | *unfavourable* |  |
| Keyakinan Kemampuan diri | 46,47,48,49,51, 52 | 50, 53,54 | 9 |
| Optimis | 55,56,57,58,59, 60,61,62,63,64 | 65 | 11 |
| Objektif | 66,67,68,69,70,71, 72, 73 |  | 8 |
| Bertanggung Jawab | 74, 75,76,78,79,81 | 77,80,82 | 9 |
| Rasional dan realistis | 83, 84, 87, 88, 90, 91, 92 | 85,86,89 | 10 |
|  |  |  |  |
| TOTAL |  |  | 47 |